

# **ASPIRE PROGRAMME**

## **DESCRIPTION**

The ASPIRE program grew out of need. The school values its students and seeks them to be equipped as possible with "Life Values and Learning Skills" when they leave Longburn Adventist College.

The program is developed and written by the Chaplain, Boarding Deans and other staff who wish to contribute. Implementation is by the Chaplain, Boarding Deans and Roll Mark teachers, although all staff are inherently involved because this is a school wide program and they are expected to be supportive of the program.

The program runs on a weekly basis for approximately 36 weeks of the year; covering approximately 6 weekly themes [see Annual Outline] around each of the 6 pillars that make up the acronym, 'ASPIRE'

**A** – Accomplishments

**S** - Skills

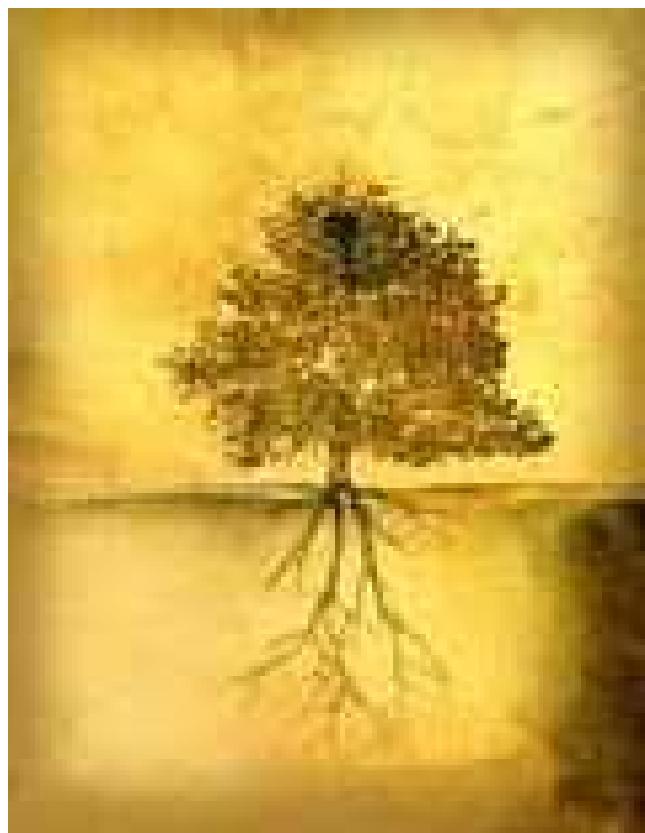
**P** - Purpose

**I** - Identity

**R** – Relationships

**E** – Empowerment

The oak tree logo has two parts – above and below ground. The below ground roots symbolises the sources from which we gather to be equipped for life [the inward building]. The above ground branches and leaves symbolise the outward giving and sharing of the blessings we have received.



## **REASONS FOR ASPIRE**

At Longburn Adventist College our day and boarding students come from a range of backgrounds, some from homes where family values are taught and lived and some from backgrounds where there is no functional family background. Whatever their background our students need to be taught the values we would expect to find in a fully functioning Christian home. Hopefully some additional values and skills will also be taught because the college is able to tap into a wide range of expertise and people.

The ASPIRE program grew because of a need to intentionally teach the values and skills we believe a teenage person needs to develop into a well-rounded individual. Whether our students come from 'good homes' or dysfunctional backgrounds, they are all away from home when they come to board at Longburn and our deans are in the place of a parent while they are here. For the day students the same is true; the staff are "in-loco parentis". The need for learning good life lessons is paramount during these years.

One vital aspect of ASPIRE is to provide students with the opportunity, the inspiration and the determination to reach the potential God intended for them. Through stories, instruction, mentoring, coming into contact with inspirational people and providing students with a time to reflect, it is our intention to give our students a vision of what they can become and the determination to pursue that vision. By giving students the opportunity to engage with the Creator "who is able to do exceedingly abundantly, more than we could ever wish or imagine", we hope to provide gateways to success for each individual so that they do reach their potential and are equipped to deal with life as reasonably independent young adults.

Longburn Adventist College is unashamedly a Christian community. During their stay with us it is our aim to pass on to our students the Christian values that has been the foundation of the college for over 100 years. More than this, it is our aim to introduce our students to Christ and encourage them into a lifelong relationship with Jesus.

## **Objectives of ASPIRE**

The ASPIRE Project aims to help LAC students to:

1. Develop into good men and women, people of strong character.
2. Develop their connection with God, and consequently their identity as sons and daughters of God.
3. Develop a clear and positive worldview that provides meaning and life purpose.
4. Develop the commitment to serve others, to contribute to the community, and to leave a worthwhile life legacy.
5. Develop the self-motivation to learn, to accomplish worthwhile goals, to achieve and succeed.
6. Develop the ability to relate well to family, friends, future spouse and others through developing social and emotional relationship skills.
7. Develop the ability to empower others to succeed, and to receive empowerment from others.
8. Develop and maintain good health and a balanced lifestyle.
9. Develop practical life skill sets such as those involved in running a household, being a good employee, being a leader, personal organization, parenting and decision-making.

## **ASPIRE 2013**

<b>Term</b>	<b>Week</b>	<b>Date</b>	<b>PB4L</b>	<b>VALUES</b>
One	1	2 - 6 Feb	<b>INTEGRITY</b>	<b>SELF CONTROL</b>
	2	9 - 13 Feb		
	3	16 - 20 Feb		
	4	23 - 27 Feb		<b>TRUST</b>
	5	2 - 6 Mar		
	6	9 - 13 Mar		
	7	16 - 20 Mar		
	8	23 - 27 Mar		<b>RESPONSIBILITY</b>
	9	30 Mar - 2 Apr		

Two	1	20 - 24 Apr	<b>RESPECT</b>	<b>UNSELFISHNESS</b>
	2	27 Apr - 1 May		<b>THOUGHTFULNESS</b>
	3	4 - 8 May		<b>KINDNESS</b>
	4	11 - 15 May		<b>COOPERATION</b>
	5	19 - 22 May		
	6	25 - 29 May		
	7	1 - 5 June		
	8	8 - 12 June		
	9	15 - 19 June		
	10	22 - 26 June		
	11	29 Jun – 3 Jul		
Three	1	20 - 24 July	<b>RESILIENCE</b>	<b>COMMITMENT</b>
	2	27 – 31 Jul		<b>ADAPTABILITY</b>
	3	3 - 7 Aug		<b>HOPE</b>
	4	10 - 14 Aug		
	5	17 - 21 Aug		
	6	24 - 28 Aug		
	7	31 Aug - 5 Sept		
	8	7 - 11 Sept		
	9	14 - 18 Sept		
	10	21 -25 Sept		
Four	1	12 - 16 Oct	<b>REVIEW</b>	<b>DILIGENCE</b>
	2	19 - 23 Oct		
	3	26 – 30 Oct		
	4	2 - 6 Nov		
	5	9 - 13 Nov		
	6	16 - 20 Nov		
	7	23 - 27 Nov		
	8	240 Nov - 4 Dec		
	9	7 - 11 Dec		Holidays