



Principal's Comments

Life is not 'Fair'

I shared with the boarding students recently that as a young man I struggled with a range of 'it's not fair' issues. The one issue that came to mind was around Adam eating the 'apple'. After all I didn't eat the apple and now I get to deal with the consequences of a sinful world, myself being part of it. We could have had the Garden of Eden. Thanks Adam, thanks a lot! It just isn't fair. How quickly we forget that while Adam created the problem, Jesus provided the solution. Our eternal hope lives within a man who gave everything imaginable for each one of us. It just is not fair for Jesus, what He did for us, but He did it.

When life is not fair, and it can be so painful, be thankful He paid the price.

"For just as through the disobedience of the one man the many were made sinners, so also through the obedience of the one man the many will be made righteous." Romans 5:19 NIV

STAFFING 2018

Intermediate Department

As you know, Selwyn Williams is retiring at the end of this year and I want to take the opportunity to thank him for his service to the school. His retirement has obviously led to us having to find a replacement. It is with great pleasure that I advise that Rachel Paki has accepted the position

of HOD Intermediate, and Stephanie Ngarepa will move into the role of Intermediate Teacher. Rachel is a vibrant and effective teacher, and Stephanie has previously been an intermediate teacher and is excited about her return to the Year 7 and 8 classroom. I know they are planning to have a parents' evening in the coming weeks for both current Y7/8s and new Y7/8s for 2018. The purpose of that gathering will be to reflect on this year, discuss next year's vision, BYOD ('bring your own devices') and other programmes such as Invictus which will be something that all next year's Y9 will be involved in. These are exciting times!

Mathematics Department

Quite recently we appointed a new HOD Maths, Christine Matthews. Christine is currently leading the Year 12 mathematics team at Feilding High School. She had previously been the HOD of Mathematics at Queen Elizabeth College, and attends Mosaic SDA Church in Palmerston North. Simon Eastick, one of our current Maths teachers, will be leaving us at the end of this year. Simon came to us in the middle of the year, which is never easy to do in a school. He has looked after his students admirably, and we wish him well for the future.

[Brendan van Oostveen](#),
School Principal

Term 4 Dates (remaining)

October

Sun 23	Labour Day Holiday
Thu 26	Y11-13 Music Soiree 7pm Chapel
Tue 31	Y13 Clearance

November

Wed 1	Year 13 Farewell Chapel & final school day
Thu 2	Year 11&12 Clearance
Thu 2	Trinity Music Exams 1.45pm - 5.15pm
Fri 3	Y13 Graduation Dinner 5.30pm: 6.30pm
Fri 3	Graduation Vespers Programme: 7.30pm
Sat 4	Graduation Church Prog: 10.00am
Sat 4	Baptismal Service at LAC Chapel 3.00pm

Sat 4	Year 13 Graduation & Prize-giving at LAC at Chapel, 7.30pm – 10.00pm
Mon 6	Year 11 & 12 Prize-giving & last day
Thu 9	NCEA Exams begin
Thu 23	Junior Music Soiree at LAC Chapel, 7.00pm
Thu 30	Board of Governors' Meeting: 10am Board of Trustees' Meeting: 5.30pm

December

Fri 1	NCEA Exams finish
Sun 3	LAC House: Splash Planet, Hastings
Mon 4	Year 7&8 Activities week
Mon 4	Year 9 EOTC Week
Mon 4	Year 10 Work Experience
Thu 7	Year 7-10 Celebration Day - Lido excursion
Fri 8	Year 7 – 10 Prize-giving: 1.00pm & last day

Key School Dates for 2018

Term 1 - 2018

January

Tue 30	Orientation Day for new students
Wed 31	Classes commence - Years 7-10

February

Thu 1	Classes commence - Years 11-13
TBC	Swimming Sports
TBC	Athletics

April

Sun 1	Daylight Saving ends
Fri 13	Last day of Term 1
16-27	School Holidays

Term 2 - 2018

April

Mon 30	First day of Term 2
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June

Fri 8	Teacher only day
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July

Fri 6	Last day of Term 2
9-20	School Holidays

Term 3 - 2018

July

Mon 23	First day of Term 3
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September

Fri 28	Last day of Term 3
Sun 30	Daylight Saving starts

October

1-12	School Holidays
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Term 4 - 2018

October

Mon 15	First day of Term 4
Wed 31	Last day of Year 13

November

Fri 2	Year 13 Graduation Dinner
Sat 3	Graduation Church Programme
Sat 3	Year 13 Graduation
Mon 5	Year 11&12 Prize-giving & last day
Wed 7	NCEA Exams begin
Fri 30	NCEA Exams end

December

Mon 4	Intermediates Activity Week
Mon 4	Year 9 Camp
Mon 4	Year 10 Work Experience
Wed 12	Year 7-10 Prize-giving & last day of Term 4

2018 School Holidays

Wellington Anniversary	Monday 22 January
Waitangi Day	Tuesday 6 February
Easter	Friday 30 March - Tuesday 3 April
ANZAC Day	Wednesday 25 April
Queen's Birthday	Monday 4 June
Labour Day	Monday 22 October
Christmas Day	Tuesday 25 December
Boxing Day	Wednesday 26 December

Woodwork Excellence!

On Thursday 19 October, the following prizes were awarded to the students who entered the Manawatu 'Creative Woodskills Competition'.

1st; Daniel Neill (Year 13)

2nd; Daniel McBride (Year 11)

Highly Commended; Abbey Smale (Year 11)

All woodwork pieces are available to view at the Square Edge Community Arts Centre until 4pm October 24.





New Subject for Year 9 & 10 Students in 2018!

Invictus is a 'wellbeing' programme that will underpin the Health and Physical Education Curriculum. The overall goal of the programme is for students to be able to stand on their own two feet and be better prepared for life.

The learning takes place in the classroom and is then transferred and practised in the reality of the outdoors such as a sea kayaking journey. It is a unique programme where the students take ownership of their learning with the guidance of the teacher, rather than being teacher-directed. The programme involves a major achievement for each student at the end of the terms. These achievements are celebrated.

Invictus was founded by Mr Joshua Brown in conjunction with Dr Peter Beamish in order to promote wellbeing and human flourishing. Invictus is currently being run in several schools in Australia; we will be the first school in New Zealand to implement the programme.

Invictus outcomes include: resilience, skill development, social cohesion, independence, resourcefulness, teamwork, emotional control

and service. As the world continues to change, these skills are still the foundation for individuals' emotional health. Students need time away from technology, and the Invictus programme gives this. Invictus really is about broadening students' horizons and opening their minds to their potential goals and then the confidence to give things a go. Invictus is preparing our students for the workplace, embedding characteristics that employers want: able to work as part of a team, willingness to learn and willingness to take responsibility.

Parents will receive more information later this term in regards to 2018 Invictus programme. As an example, Year 9 students' first activity will be sea kayaking in Abel Tasman National Park at the end of Term 1.



'Managing National Assessment' Visit

The MNA visit takes place every three years, and happened in Term 3 this year. The lengthy process provided some very positive results for assessment and achievement at LAC. LAC was commended for its effective management of assessment data, processes and practices. NZQA was highly confident in our ability to meet the academic needs of students on a school-wide as well as a personal level. They also recognised the purposeful process in providing support towards students' personal aspirations and educational goals. It was evident to them that student achievement connected closely with the emphasis placed on relationships and celebration of success. The results of this prompted the question of what success looks like at LAC. Students each have their own academic stories, and we endeavour to draw out that potential in all our students. As always there is room for improvement, and with much self-reflection we look forward to providing more and more academic opportunities for students to achieve at their very personal best.

NCEA Corner

At this time of the year, senior students will have completed most of their internal assessments. Active preparation for the NCEA exams is under way and students should be aiming to gain

course endorsements or University Entrance. A course endorsement means that a student needs to gain 14 credits at Merit or Excellence level in a particular subject area. This must include an external exam result. This enhances a student's academic profile and is advantageous for tertiary study.

Here is the link to the 2017 NCEA Exam Timetable: <http://www.nzqa.govt.nz/assets/qualifications-and-standards/qualifications/ncea/exams-and-portfolios/exam-timetable-2017.pdf>

Year 13 students need to be checking that they have the required number of credits in university approved subjects. Gaining University Entrance requires students to have 14 credits, either through internal or external assessments, in at least three subject areas. This is a general requirement for most New Zealand universities.

Scholarship

A big vote of support and encouragement to students sitting scholarship papers. Wishing you the very best determination and learning as you pursue these academic achievements:

- Ellie van Oostveen - PE
- Gabrielle Tongs - Biology
- Kania Martin-Wade - Te Reo
- Laurelie Giles - Photography
- Maeva Esposito - Photography
- Phoebe McNae - Art
- Shajreen Kua - Biology
- Georgina Sapulai - History

Community Newsletter

Sport at LAC

Meet Our Manawatu Sport Student Volunteer Finalists



Netball: Mia Paki

Mia is a Y9 student. It is only because of her volunteering as a referee that we are able to participate in netball every Monday. She is dedicated and always ready for a game, come rain or shine.



Volleyball: Torika Warren-Peu

Torika referees Intermediate grade volleyball every Monday afternoon of Term 1 and 4. She also assists with the coaching and supervision of our Intermediate teams. Torika willingly volunteers to referee for our LAC duties in both the high school senior girls' and senior boys' divisions. Torika refereed on behalf of our team at the Secondary School Volleyball Nationals in March this year committing a lot of her time beforehand to attending referee training sessions.



Basketball: Sisi Panikoula

Sisi is a dedicated young lady, who gave up her position on the school basketball team to be a permanent referee for the season, so her team mates could play instead. She spent many hours attending referee clinics, developing her confidence, and reviewing the rules to the game, and became a badged referee. Without Sisi's dedication and consistency to turn up to referee each week, LAC would not have been able to enter all their teams. Her volunteer service to our school has been invaluable to the basketball coordinators and players. Thank you Sisi!

Sport Manawatu Secondary School Sports Code Awards Nominee:



Elizabeth Martin

National : Taekwon-do:

Elizabeth has had a stellar year, competing both nationally and at international level. Her achievements include:

ITF National 2017 Auckland North, Gold and Bronze (15.7.17 + 16.7); National Team Selection April 2017, for NZ National Team for ITF World Championships, Dublin, Ireland.

Southern Cross Taekwondo Tournament, Palmerston North, April 2017, Gold and Silver; regionals Levin April 2017, Silver and Bronze

After her World Cup experience in Hungary in October 2016 where she placed 6th in sparring, Elizabeth was



selected for the national team in April 2017. She will be participating for the NZ team at the ITF World Champs in Ireland in October 2017. She received a silver and bronze in April at the 2017 Regionals in Levin, and a gold and a bronze at the ITF Nationals 2017 in Auckland.

Manawatu Reps:



Basketball:



Griffyn Duerksen-Kapao represented Manawatu in the Under 13s Boys' 'A' basketball team in the regional tournament in Hawkes Bay. They won six games but lost to Hawkes Bay in the Final.

Rugby: Tra'est-Brelua Mafile'o



Tra'est was selected to represent Manawatu U12 rugby. She was determined to impress the selectors and made the top 23. Making the team was one of her goals and her advice is never to give up. "If you put your mind to something and work hard, you can achieve anything."



Hockey:

Well done to Shane Smith (Year 9) who was selected for the Hockey Manawatu Under 15 Boys

Future Team

The work our student and community volunteers do is greatly appreciated by our students and staff. If you would like to be a sports volunteer at LAC, please contact Mr Ferreira on sport@lac.school.nz



TERM 4 SPORTS CHOCOLATE FUNDRAISER

In Term 4 our sports teams will be selling Cadbury chocolate bars to raise funds. We will use the funds to purchase small gifts and vouchers to thank our volunteer community sports coaches and assistants. In this way our students can show their appreciation.

Chocolate bars are on sale at \$2.50 each, and each student in our sports teams will receive 12 to sell. We ask that these are not given out on credit, but that the money is collected in with the sale. Money for chocolate sales is to be returned to Mrs King or Mr Ferreira in the library.

The person who sells the most chocolates will receive \$50 cash, plus pizza for them and three friends.

Get Active at LAC

There are plenty of reasons why getting off the couch and into your games kit is a good thing:

Physically, sport helps you lose weight, enjoy a more toned body and show stamina on the sports field. Regular exercise boosts self-confidence and mental concentration. Being fit is a big plus; enhancing co-ordination, agility and cardiovascular fitness. You'll probably even make some new friends while you're at it.

Benefits of sport

Regular exercise improves health and fitness. Health is defined as a state of complete mental, physical and social well-being. Fitness is the ability to meet the demands of the environment.

Mental benefits include:

- Improved confidence
- Relief of stress/tension and stress-related illness

Physical benefits include:

- Losing weight
- Improved posture
- Improved body shape

Social benefits include:

- Meeting people
- Making friends

Aesthetic appreciation

- Recognising quality of movement in a performance

Sport is a good way of relieving stress

Being a member of a sports club and regularly participating in sport will develop personal qualities from:

- Co-operation – working with others
- Competition – testing yourself against others
- Physical challenge – testing yourself against the environment or your best performances

PB4L-ASPIRE Awards Term 3 2017

The following students received certificates in recognition of receiving the top number of stamps for their roll-mark class in Term 3, during the final chapel for the term:

78RPa Angelina Cariga; 78SWi Ayla Rogers;
910MCa Caprice Hawea-Paul; 910SRa Brianna Larsen;
910Cle Jade Wright; 11TGr Kini Afu;
11JPa Abbey Smale; 12SVa Rachel Jaboon;
12JLi Jotham Tesese; 13GCo Maeva Esposito;
13ASt Enya Smolka;

Term 3 Deans Awards

Y13: Lara O'Brien for her continual dedication to achieving her best in all of her subjects, and striving to reach her full potential. She has worked consistently for the whole year and is achieving at Excellence for most of her assessments.

Y12: Stella Murchie for setting high goals and striving to achieve them by seeking feedback, being assertive and a highly motivated learner.

Y11: Tui Unua for being conscientious, extremely focused and committed to doing her best.

Y10: Sachi Hermoso for aiming for excellence and being willing to put in the hard work. Sachi was also recognised for being focused, well behaved and helpful to others.

Y9: Malachi Booth for working really hard, being kind to everyone, and very supportive of other students who are having a tough time. For showing perseverance during the basketball season, even when training was tough. For being a consistent worker in class and a great role model.

Y8: TJ Foaga for showing confident leadership, leading quietly by example. For working hard in class and completing work in a timely manner - making sure he leaves time to polish and recraft. He is respectful and demonstrates great manners. He is kind to his classmates and helps them if needed.

Y7: Addira Collette for always going above and beyond the task requirements. She is respectful of her peers as well as teachers. She shares her faith in roll mark by offering to lead worship and she volunteers to pray regularly. When she prays, you can tell she does so often because she is relaxed and if she takes requests from others in the class, she is thoughtful in her prayers.

Boarding Director's Comments...

Greetings from LAC House

Last month, I was reading an article that Carly Kochanski-Fletcher wrote of her experience as a missionary worker in Mongolia and then of the memories we shared working together in Girls' Dorm in 2011.

Then we heard Carly and her husband Paul were visiting Palmerston North and presenting musical songs that Carly had composed, at the Central Seventh-day Adventist Church on Saturday night, October 14th.

I went along and thoroughly enjoyed a pleasant evening of good, clean music that was very refreshing and Holy Spirit led.

Carly and Paul performed Carly's songs at roll mark for the school Thursday 19 October as well as the boarders' evening worship.

A huge thank you to Mr and Mrs Aiono for opening your home to Carly and Paul. You both made a very pregnant Carly comfortable and warm.

Although Carly spent one year at LAC, it was a defining time of her life and walk with God. We talked about times when Carly doubted she was good enough to be called a Christian but that changed when she went to Bible College - [Arise](#) in Gold Coast, Australia which led to her meeting her husband and forming their music ministry of the gospel of Jesus.

Carly's Bible verse is found in [Revelation 14:4 NKJV](#)

"...these are the ones who follow the Lamb wherever He goes".

It is always a humble privilege to meet former students and staff such as Carly and catch up on what is happening in their lives.

God bless and have wonderful week in Him

[Maria Henry](#), Boarding Director & Senior Girls' Dean

If you would like to find out more about Carly's music,

please visit her Facebook page: <https://www.facebook.com/carlyfletchermusic/>

or fundraising page: <https://www.gofundme.com/CarlyFletchersCD2>



Adventist Teen Camp Review

Teen Camp at Tui Ridge was an immense blessing! From driving through the beautiful countryside, to the week spent with the amazing children from all over the North Island, it was an experience that was refreshing mentally, emotionally, spiritually, and even physically. My trip began when Katie Zoch and I took a magnificent drive up to Rotorua and saw such astounding sights as Mt Ruapehu, Whakapapa Village, and Tawhai Falls in the Tongariro. A kind hostel owner even showed us a place in Kakahi Village to see glow worms! We then went up to Rotorua from there Sabbath afternoon after worshipping in Taupo.

We had an outstanding and energetic staff from both the North and South Island, who came together and gave everything they had to make the week a truly memorable experience for the teenagers. I was blessed to meet the children and hear their stories of things going on in their lives and their hopes for the future. Having worked at several camps in Canada, it was refreshing to see how, despite cultural differences, young people are very similar and hungry for something more than what the world has to offer. Uplifting worship sessions led by the youth from



Maranatha Church in Rotorua gave the children a space to celebrate knowing their creator, and powerful messages from Pastors Joshua Stothers and Caitlin Kross challenged the teens to see beyond the darkness of the world and to be the Light that Jesus has created and called them to be.

The many laughs we shared during the week were complimented by the tears that accompanied our departure, with promises to see one another at Big Camp and the next teen camp. I know that God started something special in the lives of the counsellors and those teens, especially our very own Rachel Jaboon who enjoyed the week with us there. While I am happy to be back home at LAC, I can't wait for my next opportunity to go to Tui Ridge again and serve at camp!

Mr Kofi Amoah, Assistant Boys' Dean



Meet our new Boarding Deans....

Hi, I'm Katie Zoch and I am from Southern Adventist University in Tennessee although I grew up in Texas. Two years ago I was blessed to be able to come to New Zealand. I absolutely loved it here and so when I found out about the position here at LAC, I applied! For years I have felt a calling to work abroad with young people. Everyone here has been absolutely wonderful and the boarders that I work with are the best! I can't imagine being the dean to a better group of students and I can't wait to make more memories with them.



Hi, my name is Alexander Hales.

I am from the state of Delaware which is a part of United States of America. I go to a university in Michigan called Andrews University. I am currently studying as a psychology major with a concentration in health. The reason why I decided to come and work at LAC house is because of two reasons. The first reason is that I felt a strong calling by God to come here to New Zealand and work with young people. I have a passion for working with young people and helping them become their best selves. The other reason is that I wanted to help young people in a boarding setting, have the best experience in school possible and make tons of amazing memories. This is because I went to boarding school in the States and it changed my life. I want to help these kids here have that same experience. I am proud to be part of such an amazing team here at LAC House. I look forward to growing, and becoming closer with the kids that are here at LAC House.



Kia Ora!

My name is Kofi Amoah and I am happy to be serving as one of the deans for the boys' dormitory here at LAC for the next year.

I was born in Ghana, West Africa, but spent most of my life in Canada, where I worked as a secondary school Maths and Science teacher for the past 4 years. Since the time I was 12 years old, I have had a passion for working with children, youth and young adults, working with them through my church and schools. When I entered Year 9, I was introduced to

the magnificent sport of Rugby and the New Zealand All Blacks. From then on it was my goal to come to this country. It took 14 years and many twists and turns, but God opened a door for me to come here through LAC. I've only been here a short while, but this wonderful school and beautiful country already feel like home! I am thankful for the opportunity to serve here and hope to be a blessing to the students and staff here!



2018 Boarding Scholarship Applications Now Available

The purpose of the Longburn Adventist College (LAC) Boarding Scholarship is to aid quality students who come from a financially challenging background.

The LAC boarding scholarship is available to students who are unable to afford the full cost of boarding fees. It has been set up to primarily help Seventh-day Adventist students who meet the application criteria.

- Scholarship amount: NZ\$3,000 towards Boarding fees only
- The Boarding Scholarship is available to domestic fee paying students only (including Australia, Cook Island, Niue & Tokelau residents)
- Applications need to be sent to glynisw@lac.school.nz (with enrolment application form if a new student) by Wednesday **6 November 2017**

For more information please visit:

www.lac.school.nz/boarding/boarding-scholarships/





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Are you concerned about housing in our community?

Sign up for 14 Hours Homeless and / or join our planning team. Our aim is to raise awareness and funds for housing solutions. Events will run from the last week of September.

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For more information, contact:

Cheri | community@homesforpeople.co.nz | 022 024 3742 or

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Piano Recital

***Presented by
LAC Music Department***



Tuesday 31 October 2017

7.00pm

All welcome - LAC Chapel

Soiree

***Presented by
LAC Performing Arts Department
Year 11—13 Students***



Thursday 26 October 2017

7.00pm

All Welcome - LAC Chapel

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Seminar on Internet Safety for those working with children and young people

with **John Parsons**, Palmerston North, 25th October 2017

Venue: St Alban's Church, Albert Street, Palmerston North

Time: 11am – 12.30pm (tea and coffee provided from 10.30am)

FREE

John Parsons has been invited to Palmerston North by the Social Socks Charitable Trust and MidCentral Public Health Service, with sponsorship through the Palmerston North Local Initiatives Fund, Crest Hospital and the Palmerston North Hospital Postgraduate Society.

John Parsons is an Internet Safety and Risk Assessment Consultant to schools, the private sector and health sector, providing specialist advice and direction on the safe use of digital communication technology. John works with New Zealand Police, Child Youth and Family, Safeguarding Children Initiative (SCI New Zealand), Government sector agencies, Barnardos, New Zealand schools and private sector organisations. He is also the co-developer of cutting-edge cyber safety internet health safety education now being delivered in schools and to adult learning groups.

The seminar is **FREE** and is applicable to those working with children and young people in community organisations, education, health and other social services. Topics covered will include: online grooming; sexting; damaging reputations; and how to protect and educate young people and families.

Please RSVP: info@socialsocks.co.nz | For further information regarding John Parsons www.s2e.co.nz



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