

# LAC NEWSLETTER

"In Christ, we educate, encourage and empower"



## IMPORTANT DATES:

**Monday 28 March:**  
School and student ID card photo day  
has been postponed till Term 2

**Friday 1 April:**  
Teacher Only Day (Community of Learning)  
No school for students

**Thursday 14 April:**  
Last day of Term 1

**Friday 15 April:**  
Good Friday Easter holiday

### 2022 Term Dates:

- Term 1: Tues 1 February to Thu 14 April
- Term 2: Mon 2 May to Fri 8 July
- Term 3: Mon 25 July to Fri 30 September
- Term 4: Mon 17 October to Fri 9 December

## PRINCIPAL'S ADDRESS

*The Gospel of Matthew 8:2-3*

*And behold a leper came to him [Jesus] and knelt before him, saying, 'Lord, if you will, you can make me clean.' And he stretched out his hand clean and touched him, saying, 'I will; be clean.' And immediately his leprosy was cleansed.*

Georgia (George), my eldest daughter who is 28 weeks pregnant, came home to visit from Sydney. We had not been able to hug for years, literally, thanks to COVID. George had done the appropriate COVID tests and as required did another test the day after her arrival.

Unbelievably the test was positive and the symptoms had arrived. Kim, my wife, now has COVID and I am a household contact. It is strange not being able to hug George after all this time when she is so close.

I so wish the separation and division that COVID has caused so many, would simply stop and go away, evaporating into history.

As a school we are also forced into separation to slow the spread. Around the world, families in the Ukraine are forced into separation along with any number of tragic conflicts. Separation and division is a common theme.

At the same time we can be united by a loving Creator. Unity, being one in Christ, is based on our calling out to Him rather than anything we may be able to do, or opinion we might have.

Love one another, be inclusive with your words and actions, particularly if you disagree.

Yours in Christ,  
Brendan van Oostveen

# NEWS

## DESIGN SCHOLARSHIP



A big congratulations to Gemma Brayshaw who received Scholarship in Design for 2021. Scholarship in Design requires students to produce 8 pages detailing the concepts behind their External art boards. Gemma's theme was creating the visual components for a restaurant that aids those struggling from eating in public caused by social anxiety. Within the boards she created a logo, letter box advertisement, uniforms, a beverage label and an activity book for customers at their table to help them relax. It was a unique theme to select and we are all very proud of her efforts. Well done, Gemma!

## BIBLE SCHOLARSHIP



Religious Studies Scholarship has only recently been an additional string to the LAC Religious Studies Learning area's bow. In June 2018, LAC put in an application for NZQA to consider adding Religious Studies as a scholarship subject and after 18 months, this was finally approved. 2020 was officially the first year for Religious Studies scholarship to be offered in schools nationwide. LAC's Bible Learning Area is very proud to have one of our senior students, Lexi Rutherford-Blyth prepare for and sit the Scholarship NCEA exam for Religious Studies last December. The months-long preparation was rigorous and involved, as she read over countless articles and wrote samples on the topic of Religious Diversity in New Zealand. The process of preparation alone for these prestigious exams requires a strong work ethic, great focus and time management skills. This is a feat that is commendable in itself however, when the results were released, it was with great joy that we saw Lexi had passed the exams. Congratulations to Lexi on being the first at LAC, and hopefully not the last, to earn Scholarship in Religious Studies! Continue working hard and enjoying all that God has in store for you.

## NEW STAFF

We would like to welcome and introduce our new LAC staff for 2022. It is great to have new teachers and support staff that will bring new ideas and enthusiasm to our school.



**Negin Nematollahi**  
Principal's Assistant



**Nathan Paki**  
Year 7 and 8 Dean  
PE, Empower and Invictus  
Teacher



**Kerry Sutton**  
Receptionist  
Teacher Aide



**Cassandre Malarde**  
Acting Head of Girls'  
Dorm



**Arnel Pastrana**  
Year 10 Dean  
Bible Teacher



**Amanda Froggatt**  
Science and Chemistry  
Teacher



# NEWS

## PB4L - NEW TOKENS!

This year a new PB4L reward system is being introduced. The PB4L reward system is being combined with the House point system to grow team spirit at LAC. The Dojo points are being replaced with physical tokens. Teachers will hand these out as they see fit for exemplary behaviour showing integrity, respect and resilience. Students will put these tokens in their section of the House Token Collection Box in order to be counted each fortnight. At each Chapel, the winning House for the fortnight will be announced and receive one House point. After each fortnightly Chapel the challenge for winning the House point restarts. The winning House for the first fortnightly period was Luther House. In addition to this, the students who receive no negative comments on their 5 weekly reviews will go into a draw for prizes, this will also take place during Chapel.

Abigail Whitbread-Edwards  
PB4L student team member

## MATUA DEE

Matua Dee has been in hospital since the beginning of Term 4, 2021 grappling with spinal cord damage from an unknown medical cause. This has resulted in almost complete loss of movement, sensation, and bodily functions. He has spent almost 5 months being tested for every possible cause and trialing a range of different treatments, the latest being chemotherapy. Please keep Dee and the family in your prayers as they navigate the unknown. Currently, they are fundraising for house modifications to try and get Dee home. Any support in this area would be greatly appreciated. For fundraising information, [click here](#). You can follow Dee's story on his blog [DeeWalkingInFaith.blogspot.com](http://DeeWalkingInFaith.blogspot.com).



## TONGAN DONATIONS



Mālō e lelei!

On the 15th of January, a powerful volcanic eruption occurred on the island of Hunga Tonga-Hunga Ha'apai which is 65kms from the main island. It caused over 90 million dollars in damages. It created destructive tsunamis generating huge amounts of volcanic ash across the country. Basic needs such as water, food, and air were significantly affected including main agricultural sectors such as crops, livestock, and fisheries.

Earlier this term there was a Tongan Relief Central Region call for food donations. We wanted to show our support to our sister school, Beulah Adventist College and decided to ask students if they wanted to contribute to a package to be sent to them. LAC partnered up with our local churches and with their help, donated non-perishable food along with cash donations of over \$2,700.

Last week our donations were safely received and the photo you see here is the Beulah Adventist College cook restocking their kitchen store room with the healthy food donations given by LAC and our local Adventist church members. Over four days our school community graciously donated a huge number of non-perishable foods including tin beans, chickpeas, tomatoes, fruit, spaghetti, baked beans, corn, peas, rice, noodles, flour, cereals, powdered and carton milk, crackers and more.

To LAC students, parents, caregivers and staff, thank you! It was overwhelming and humbling to see all that you gave.

Malo 'aupito!

"A generous person will prosper, whoever refreshes others will be refreshed." - Proverbs 11:25

Mrs Juliana Paul  
Donation co-ordinator

# NEWS

## STUDENT TECH CLUB 2022

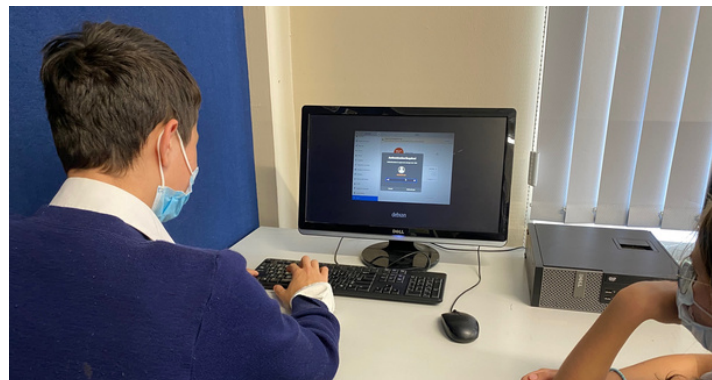
The LAC Tech Club started with six students and came down to three regularly in our daily meetings 1:15-1:35pm during lunch break. We started looking and exploring at the hardware parts of the computer, and after that installed a debian linux on a machine that will serve as <http://tc.lac.school.nz>, the Tech Club website - not available outside the LAC campus for security purposes. The members spend their time installing and developing this server.

### Our current and future projects:

1. Host a schoolwide typing contest
2. Develop a web browser app or program that can be useful to the student or to the school

So what are you waiting for? Come join us in room A1 after your lunch Monday to Friday.

Mr Arnel Pastrana  
Teacher in charge



## PUBLIC HEALTH NURSE

We do not currently have a Public Health Nurse visiting the school every Tuesday but the service is still available to provide for any LAC students.

The service is currently accessed through a referral system. Parents and caregivers may also refer their child by filling in the Public Health Referral form and emailing it to:

[schoolhlth@midcentraldhsb.govt.nz](mailto:schoolhlth@midcentraldhsb.govt.nz)

If you require the Public Health Referral form contact the LAC front office on 06 354 1059 and a form will be sent or emailed to you.

## MOBILE DENTAL UNIT



Dear Parents/Caregivers,

A Mobile Dental Unit will be visiting Longburn Adventist College from Monday, 21 March 2022 to examine and provide preventative treatment (cleaning, fissure sealants, x-rays and fluoride treatment) where required for patients due for their annual check.

Students requiring further treatment, (fillings and extractions) will be sent an information pamphlet, medical history update form and consent form. These will need to be signed and returned to either the Mobile or the school office before any treatment is undertaken.

If parents have any concerns or wish to be present at their child's dental appointment, please contact us on either of the numbers below.

Regards from the Dental Team  
Telephone 027 475 0760/0800 825 583

**Teacher  
only Day**  
Friday 1st of April

NOTE IT ON THE CALENDAR

Longburn  
Adventist  
College



"God is our refuge and strength, A very present help in trouble. Therefore will we not fear, though the earth do change, And though the mountains be shaken into the heart of the seas; Though the waters thereof roar and be troubled, Though the mountains tremble with the swelling thereof. [Selah]"  
Psalms 46:1-3 ASV



# ART SPACE



Micah Pavarno, Year 11

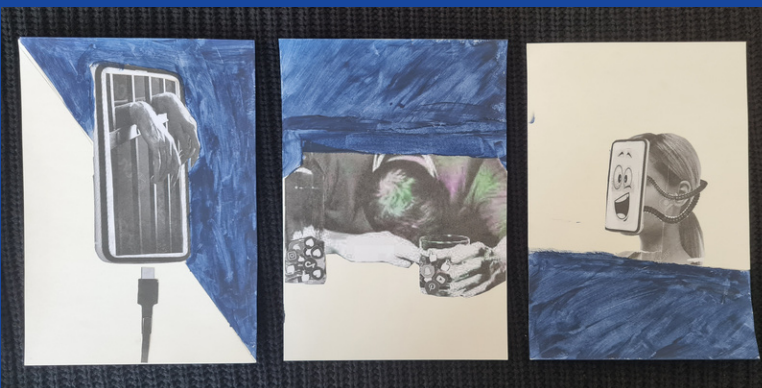


Tamika Nambasai, Year 11

## Year 10 Surrealism Collages



Eden Duker, Year 10



Ashley Kaukare, Year 10



Angelina Prak-Khin, Year 10

## Logo Ideas



Charles Padilla, Year 12

## Logo Ideas



Daniel Nhim, Year 12



Hannah Edwards, Year 13



Mandy Currie, Year 13



# CAREERS



## MIDCENTRAL MEDICAL PLACEMENTS



This term, Kim, Pea, Joyce, Mandy and Priyanka have been doing a Gateway medical placement with the Midcentral District Health Board. Their first assignments have been around the very timely topic of infection control and the correct wearing of Personal Protective Equipment (PPE). This programme will run every Wednesday throughout the year although COVID restrictions have reduced the face-to-face time at the hospital a little. In Term 2 they will each be given internships at some of our local Health Care Centres around Palmerston North and Feilding.

## REDSHIRTS & SEEDS

Tino, Charm and Kevin are currently on a 10-week 'Redshirts' programme at The Warehouse. Margie is doing a similar programme known as 'SEEDS' which has placed her in the various departments of a Countdown supermarket. Students gain NCEA credits as they learn about a range of the professional skills required to work in a retail environment. These include customer service, supply chain operation, store security and the all-important health & safety.



## THE DESIGN SCHOOL



Gabrielle, Morgan, SM and Giovanni are all undertaking a year-long programme of study through The Design School which operates under the UCOL 'U-Skills' umbrella. Gabrielle and Morgan are studying in the fields of textiles and fabric design which will provide them with the foundational knowledge to potentially set up their own fabrics businesses when they leave school.

SM and Giovanni are focussing on graphic design which will have a computer animation component as the year progresses. This rapidly growing field has a huge range of potential career paths in everything from product design to fictional character animation.

All of their teachers have been very impressed with the standard of work so far and commitment to their specific programmes of study.



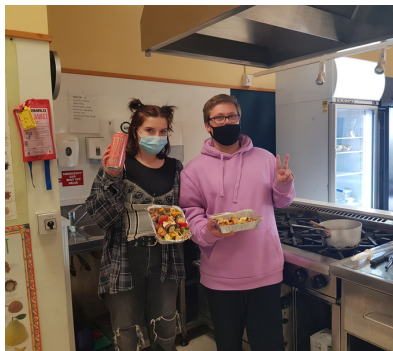
## COOKERY, AUTOMOTIVE & BUILDING

Phoenix and Kaitlyn have commenced their year-long, Level 3 Cookery course which forms part of the 'U-Skills' programme run out of UCOL.

Charles is doing a similar programme of study in Level 2 Automotive Engineering at UCOL's Automotive Workshop while Kieran is about to commence a MITO sponsored placement at a local automotive garage in town.

We are also hopeful of placing Jaime into a Gateway building programme within the next few weeks.

These courses all run for one day per week and can extend over the entire school year. They provide students with valuable NCEA credits through a combination of practical, hands-on tasks as well as theory and workbook assignments. By all reports they are doing really well and enjoying their day at UCOL.



## STAR COURSES

Along with the various Gateway courses which run over quite long periods of time, we also have a number of students doing the shorter STAR courses. These include the 3-day Forklift Operators course which provide students with their licence to operate a forklift. This then gives them the opportunity to seek employment in warehouses or other large storage and distribution facilities.





# SPORTS AT LAC

New school year and new seasons for sports. The pandemic restrictions have regularly been part of how we run school sports in the last couple of years and it's quite impossible not to mention it, and the same goes for this term. Recently, regional sports organisations have made decisions to cancel or limit some school competitions. Two such competitions are the Intermediate and Junior Volleyball Competition, which are popular at LAC, and as a result have brought the usual participation of over 70 students down to under 50 students.

Despite this, the enthusiasm of our students to play this term is evident. Here are our teams playing this term: three Volleyball teams, one Summer Hockey 6s team, six Badminton teams, two Indoor Netball teams, and two Futsal teams.

## Upcoming Events

LAC Sports is planning to run intra-sports competitions at LAC from mid-March, available to LAC students only. Please check your school emails during March 7-11 for more information and registration. Check your Spam Folder if not found in your Inbox.

## Sports Uniform

We launched our new sports jersey in the beginning of 2021 and were able to print over 100 of the new t-shirts. This term, thanks to Sanitarium, we will be printing our third batch with the hope that all sports teams will now be in the new uniform.

Mr Wynn Llana  
Sports Co-ordinator

## BADMINTON

Badminton continues to be a popular sport at LAC. We have six teams with up to 19 players from Years 7 to 13 playing in the Intermediate Competition and Thursday Night Badminton League (TNBL). TNBL is a community competition and so we have opened this to our LAC staff and whanau to play with our students.

We would like to congratulate two of our athletes for being accepted to the Badminton Manawatu Junior Rep Squad this year. Pea Pulega in the U19 team and Angelina Prak-Khin in the U17 team. Congratulations girls!



## FUTSAL



With all that is going on in the world, it is great that LAC students still have the chance to train and compete. The Senior Futsal boys have been training twice a week from early in the new year and also some additional goalkeeper training sessions. This was with the aim of competing in a North Island Tournament at the end of March - which unfortunately NZ Football had to cancel due to COVID.

This did not deter the boys, and they have continued with their training schedule for the local Manawatu league. So far we have had a loss and two wins, with our defense getting stronger by the week.

The junior team has been training since school returned and continues to improve week on week developing as a team. So far they have had a win, a draw and two losses in the local competition league.

Mr Alan Pedley  
Coach

# SENIOR ATHLETICS DAY

Term 1 Athletics Day looked a bit different this year, however we were very happy it could still go ahead at all. Due to current COVID restrictions our event was limited to only 100 people. We took students in the age categories 14-15 and 16-plus to compete. Students spent the morning participating in high jump, javelin, long jump, triple jump, shot put, discus, and the 1500m run. The school delivered our school lunches and after a boost from a cold Juicies iceblock under the hot sun, we were able to get into our afternoon events – the fast paced races of 100m sprint, 400m and the House relay. Our final event of the day was the staff/student relay...this year the students took it out, just.

At the end of the day the points were:

Luther 663 points

Tyndale 916 points

Wesley 811 points

Well done Tyndale! The Massey University Community Athletics track continues to be an excellent facility for our Athletics Day and we look forward to running the Junior event in Term 4.



For up to date LAC Sports news please follow our Facebook page by clicking the Facebook icon

