

# LAC NEWSLETTER

"In Christ, we educate, encourage and empower"



## IMPORTANT DATES:

**Monday 25 July:**  
Start of Term 3 - with Day 6 of the timetable

**Tuesday 2 August:**  
Open Day - day tours & evening programme with tours

**Wednesday 17 August:**  
Parent/Teacher/Student learning conversations

**Monday 22 - Friday 26 August:**  
Week of Worship

**Friday 26 August:**  
Year 7 & 8 rotation 2 ends

**Monday 29 August:**  
Year 7 & 8 rotation 3 begins

**Tuesday 30 August:**  
Teacher Only Day

**Tuesday 6 September:**  
Year 10 Parent information evening

**Wednesday 21 - Friday 23 September**  
Year 11-13 EDG exams

**Friday 30 September:**  
Last day of Term 3

### 2022 Term Dates

- Term 3: Mon 25 July to Fri 30 September
- Term 4: Mon 17 October to Fri 9 December

## PRINCIPAL'S ADDRESS

This term, for the first time, LAC hosted the annual sports exchange with Cornerstone Christian School and Hastings Christian School. We were able to open our doors and show off the best of LAC in a sports tournament and hosting students and staff in the dorms. Many students and staff were part of this programme and did an excellent job of making our visitors feel welcomed - some of whom did not want to leave! There have also been other opportunities this term for LAC to receive visitors such as the intermediate culture day and the Longburn Primary Cross Country where some of our students helped with the running of the event. Extending hospitality to others after a term of semi-isolation has brought the school alive again.

Hospitality, which is such a critical part of who we are, means putting others' needs first, treating others with respect, listening first and speaking later, sharing, making ourselves vulnerable and using manners such as saying please and thank-you. Our students have shown that they are good at doing these things and have helped to make LAC a hospitable place.

Paul tells us in Romans 15:7 to "accept one another, then, just as Christ accepted you, in order to bring praise to God." Just as we welcome visitors into school and they become part of our LAC family, Jesus Christ died for sinners to make everyone who accepts His gift of eternal life a member of the family of God. What an amazing gift of hospitality Christ extends to each one of us. In a world of uncertainty and increasing challenges and change, let's hold fast to this gift of grace - the hospitality that God extends to each one of us.

God's richest blessings to you all.

Ros Burnett  
Acting Principal

# NEWS

## WEEK OF WORSHIP



Who Am I? This was the question that led the way into our first Week of Worship for 2022. Our theme "Identity: Christ Is" was all about teaching the LAC family that in a world where we all at some point encounter some kind of Identity Crisis, we can find an unshakable identity in Christ. Our Auckland-raised speaker, Hola Samani, shared five powerful messages with us uplifting the fact that each of us has a place to be found in Jesus. Special thanks go out to our Praise and Worship team, Worship Technology Team, and to everyone who participated in all the aspects of the week. We now look forward to Term 3 and our second Week of Worship. God willing, this will be the first time we've had two Weeks of Worship since 2020!

– Mr Kofi Amoah, WOW Co-ordinator



## BIOLOGY TRIP

On the 26th of May, the Year 12 Biology class enjoyed a field trip to Totara Reserve. The focus of the day was to collect data on the distribution pattern of epiphytes (kaha kaha) growing at different heights on their host trees (kahikatea).

The relationship between these two trees is an interesting one of commensalism not parasitism. The epiphytes have the luxury of living high up in the canopy and emergent layers of the stratified forest without having to take root in the forest floor and taking time and energy growing to the desired height where the available light is plentiful. Instead they perch in the branches of the host tree, where they do no harm to the host tree while gaining the benefit of the light. An excellent example of structural adaptation for survival! It was great to get out of the classroom to be practically involved in the ecology aspect of biology. The weather was kind and we were able to collect rich data for analysis back at school.

– Faith Hignett, Biology Teacher





# NEWS

## ESOL TRIP



On Tuesday 17 May the ESOL class visited Just Zilch. The purpose of our trip was to do something that would help our community. Just Zilch gives out free food to people who don't have much money. We had to open boxes of food and write JZ on the barcode. JZ stands for Just Zilch. The people who went on the trip were Pea, Mereti, Iakopo, Ashley, Mrs Carter and Mr Aiono.

The free food was for those who needed food. We are so happy that we were able to help the community by just writing JZ on the barcode even though it's not much. By doing this we were able to think of others rather than just ourselves.

- Ashley, Iakopo, Mereti, Pea



## SCHOOL BOARD PARENT ELECTION 2022



Our school will be undertaking a parent election for 4 School Board vacancies. This process will start with the issuing of nomination papers to our caregiver community by Friday 15th July 2022.

We have employed CES to undertake the election process on our behalf. This year with legislative change, our nomination form and full instruction on how to place your nomination into our own School's Election website will be emailed to you if we have your email address in our database or you will receive it by post if we don't have your email in our database.

Nomination papers will also be available at the school office. The school will send those on to CES for processing upon receipt from candidates.

Nominations close on Friday 5th August at 12 noon.

We look forward to your participation in this process.

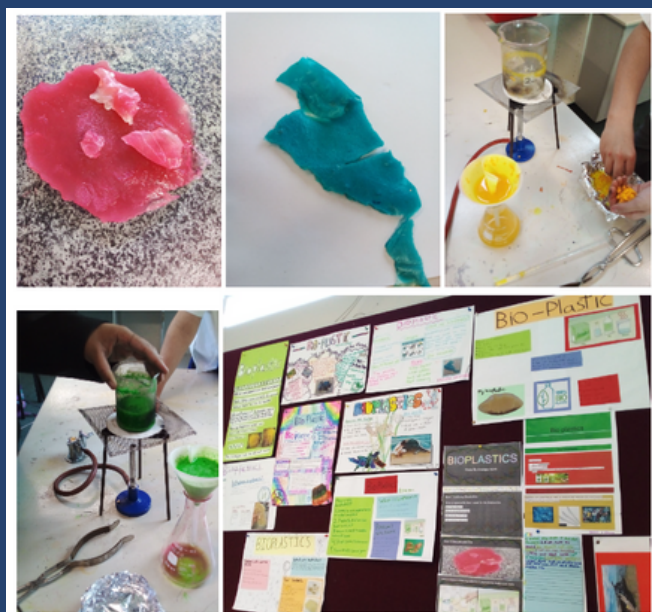
Wayne Jamieson

Wayne@cessl.org.nz

## YEAR 7 & 8 BIOPLASTICS

The Year 7&8 science classes have been learning about plastics and bioplastics. They have been discussing the harm tradition plastics can cause in our world and researching some alternative materials humans can use - including bioplastics. We have made some bioplastics in class using a range of recipes students have found online and some of these had great results!

- Amanda Froggatt, Science Teacher



# NEWS

## TOUGH GUY AND GAL EVENT

On Friday 27th of May, thirteen of our students were up bright and early to travel down to the Tough Guy & Tough Gal event in Wellington, along with many other schools from various areas in the Lower North Island. When we left LAC in the school van, the sky was still covered in its early morning darkness, not yet awake, and during the two-hour drive to our destination we were blessed with a beautiful sunrise. Unfortunately, the sun didn't remain and we had to make do with a grey and misty day instead.

Although the weather wasn't beneficial to the course - if anything making it more challenging - that didn't stop the courage these students had and the determination for those who completed the course the previous year to be better. A lot of energy and hype were set along the way with some boys building each other's confidence up; laughing and singing the whole way down. The venue was crowded with almost a thousand students with bibs on their chest and in sports gear ready to run through the muddy, slippery, steep track. When it was time to begin, the announcer called for one-hundred students at a time to make their way to the starting line and be ready to run while the next hundred students pushed up behind them to be ready. Our group was amongst the third lot to get away, all aspiring to complete this challenge with a quick time.

When the announcer said, "go!" everyone in our group took off, mindful of the decorated scenery that was plotting to slow them down. At first some would assume, "it's not so hard", but the mud in the grass and dirt underneath their feet proved them otherwise, especially when running through turns. Obstacles included climbing over medium to high fences jumping from the top and landing (sometimes slipping) on the ground below, and a lot of crawling through tunnels, barb-wire and electric fence wires (with students fearful of getting shocked and zapped if not low enough out of reach). Running through the forest challenged arguably everyone's balance with the mud all around, running up the hills that came along took a lot of effort with how exhausted many were at that point, but perhaps the most challenging features on the course that students talked about was the mud water and having to climb a long hill with a rope. Before going on the course, everyone taped their shoes so the harsh and heavy depths of the mud didn't pull them off, but some found even with their footwear taped, the muddy water still came close to pulling off their shoes. The rope on the hill tugged at everyone's muscles, some say it felt like hours to make it to the top, and some wished, at that moment, they never attended!

Many fellow LAC students passed each other along the course, joking around as they went. Many of us were tired and exhausted by the time we crossed the finish line, but after showering all the mud off our bodies and getting some well earned food into us, we were ready for the journey back to school.

Asher Brooking, Year 12, was the first of the LAC students to finish the course. Congrats to Asher!

- Giovanni Luke, Year 13



## COMMERCE CLASS



The Year 12 Commerce team are now selling the second round of Russian Fudge.

We have lowered the price to \$5 per 250g packet.

If you purchase 10 packets or more you will get them at the discounted rate of \$4.50 per packet.

Please be advised you can preorder until the end of term.

Selling day is on the 27th of July at second break in the cafeteria.

- Matt Mata, Year 12 student



The money you raise in this year's World Vision 40-Hour Famine will change everything for children who urgently need clean water close to home. All money collected will give children and families the tools to treat water so it's safe to drink. At LAC the drive will begin at the start of Term 3. The World Vision team look forward to your support through donations on the LAC website:

<https://my.worldvision.org.nz/ss/eUxMHE/longburn-adventist-college>

Thank you in advance for your kindness. Every dollar makes a difference!



# NEWS

## BIG SING

Big Sing was a fun day as it is every year! We sang early in the programme and there were a lot of nerves but it went well and we all had a great time up on stage. The rest of the day was spent together enjoying the other choirs and learning heaps watching their performances. We got to mingle with the other students from other schools and enjoyed a very musical day. We look forward to participating again in next year's Big Sing! Thank you to Mrs van Wyk and the choir for all the effort with limited practices due to COVID - at the end of the day we pulled through and did our best.

- Angelina Cariga & William Brothwell, Year 12 students



## NZ SYMPHONY ORCHESTRA

This year the New Zealand Symphony Orchestra offered a fantastic opportunity for music students from schools in Palmerston North to play side by side with the orchestra!

The Side-by-Side Session took place on Friday 17 June, at Palmerston North Girls' High School. Three LAC students participated and played a repertoire consisting of the following pieces:

- The Avengers, arr. Robert Longfield
- Pirates of the Caribbean, arr. Michael Sweeney
- New World Symphony - movement 4, arr. Richard Meyer

The session was conducted by Music Director Emeritus, James Judd. Students SM Miado (violin), MJ Ierome (viola) and Zeke Ierome (violin) were privileged to experience a most inspiring and motivational event. Well done all!



Longburn Adventist  
College

A Christian **Year 7-13** Day & Boarding School

# Open Day

Tuesday the 2nd Of August



*"What I love about LAC is it not only helps us to learn in an academic sense, but it helps us learn how to grow as individual people. It provides a safe and friendly environment that allows teachers to get to know us well, which helps to cater to our aspirations in and outside of the classroom. LAC not only teaches me academically, but also is preparing me for my future."*

- Caitlin Giddens, Head Prefect 2022

**Day Tours:** 9.30 am and 12.00pm

**Evening Programme** (including tours): 6:00 pm in the Cafeteria

Email to book a tour:

**pa@lac.school.nz**

**A:** 100 Walkers Road, RD 7, PN, 4477

**P:** (06) 354 1059

**W:** [www.lac.school.nz](http://www.lac.school.nz)



# INVICTUS

## NETWORK BONFIRE



'THE BONFIRE NIGHT AT THE PAKI'S WAS A REALLY COOL EXPERIENCE. THE SAUSAGES AND ROASTING THE MARSHMALLOWS AROUND THE FIRES WAS PROBABLY MY FAVOURITE PART OF THE NIGHT.'  
MJ IEROME



On Thursday 30th June we held our Year 9 Networking Invictus Bonfire Night. The students have been exploring in class what it means to respect themselves and one another in order to develop positive relationships. The students have also been learning about the importance of empathy as well as how to celebrate the success of others. The Bonfire night allowed the students to build a positive sense of community in their year level and gave them an opportunity to put the skills they have learned during Term 1 and 2 into practice. The students rotated around 4 bonfires participating in activities covering teamwork, character strengths, character traits and empathy. We ended the night with a BBQ dinner and toasted marshmallows. A big thanks for all the staff who helped with this event and the Paki family for hosting us.

## YEAR 10 FILM FESTIVAL

This term Year 10 Invictus have been working on a unit based on Mastering a new skill. The end of this unit is celebrated by a film festival consisting of films the Year 10 students had made showcasing the new skill they had mastered. Overall the Year 10 cohort provided a great standard of videos with quite a range of styles.

Congratulations to Safinati who won the best film, his prize was \$50 donated to the charity of his choice which was [www.savethechildren.org](http://www.savethechildren.org). A special thank you to Eva Zhou and Jess Carey who were a huge help in set up and decorations. We can't forget the brave students who offered to be MCs for the night: Emma Brothwell, Jess Carey, Eden Duker, Henok Tolesa, Safinati Palavi and Gwen Kapao. It was great to see students put their best foot forward and master something new in their videos and at the event.

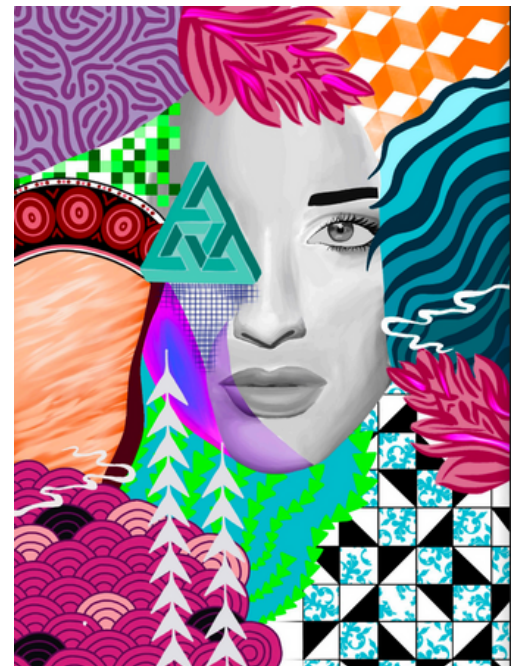




# ART SPACE



Micah Pavarno, Year 11



Ella Howard, Year 11

Daniel Nhim, Year 12



Nathan Gannaway, Year 12

Micah Jourdain, Year 12

Year 9 Art



Sophie White, Year 9



Jessika Caldwell, Year 9



Hannah Mardon, Year 12



NN Miado, Year 12



Angeline van der Walt and Angelina Prak-Khin, Year 10



Hannah Edwards, Year 13



# SPORTS EXCHANGE

It was an honour to be able to host our Christian Schools Sports Exchange this year. Between Thursday 9th and Friday 10th June, Hastings Christian School and Cornerstone Christian School joined us for a two-day sports event. Arena Manawatu was an excellent venue as we could play futsal, volleyball, netball plus football outside on the artificial turf. We then headed to LAC for basketball, followed by a meal, worship, dodgeball and ultimate frisbee. It was a close competition however Cornerstone walked away with the shield for 2022. A real highlight was that we were able to host Hastings students in the dormitories. This was a new experience for our guests. We were very proud of how our students welcomed our visitors and how they conducted themselves in the games. The exchange has turned into a real highlight on our calendar and we are looking forward to next year.

Many thanks to all the people involved: LAC kitchen staff, LAC planning committee, referees, coaches, managers, Arena Manawatu, and Cornerstone and Hastings for coming.

- Olivia Korte, Event Co-ordinator





# SPORTS EXCHANGE





# NEWS

## GO KART SUCCESS

Xander Pringle, a Year 8 student at LAC, participates in the Junior Clubsport 120 kart class as part of the local Manawatu Kartsport club based in Longburn. Having stumbled upon karting at Daytona Indoor Raceway a year ago, he was identified as a young talent and encouraged to look at outdoor karting. Trying to find a way to race within a reasonable budget, he was the first Clubsport Junior 120 to hit the track just over 12 months ago. The field is still growing and is becoming more competitive, a great option for 10-15 year olds looking for some fast fun. Xander competes regularly at the Manawatu and Wellington Clubsport tracks, having successfully been on the podium at every race so far. He has also maintained his speed indoors at Daytona holding one of the top ten fastest lap times each month this year; and at the age of 13, he is also the youngest!

Earlier this term Xander raced at the Manawatu Club Day in the rain, on a very wet track, in changeable conditions that he hadn't encountered before. He managed to cross the line in his first three heats in 3rd place, and took home 1st place in his fourth heat following a very competitive and challenging battle for the top three positions. Unfortunately his final race ended with a DNF (did not finish), but Xander had enough success over the course of the day to be awarded 3rd overall for his class.

Karting for Xander is more than just speed on the track. He has learnt to serve as part of a club, being involved in working bees, flag marshalling, in the kitchen at big race meets, and has become more confident at public speaking. He has also gained many friends, young and old, and is an enthusiastic helper in the pits with his mechanical skills and strength, he's particularly helpful with getting tyres on and off in a hurry between changes in weather.



Xander Pringle #19

## SCHOOL CROSS COUNTRY

